



Resources

Retinopathy of Prematurity

InfantSEE

www.infantsee.org

InfantSEE is a public health program, managed by Optometry's Charity. The American Optometric Association (AOA) Foundation is designed to ensure that eye and vision care becomes an integral part of infant wellness care to improve a child's quality of life. Under this program, AOA optometrists provide comprehensive eye and vision assessments for infants within the first year of life regardless of a family's income or access to insurance coverage. Their website has helpful information for families on babies' developing eyes. It also explains vision screenings and what they detect. To find an optometrist who participates in the InfantSEE program call 1.888.396.EYES(3937).

The Association for Retinopathy of Prematurity and Related Diseases (ROPARD)

www.ropard.org

Founded in 1990 by a concerned group of physicians and volunteers, ROPARD is the first organization in the country dedicated to eliminating the problems of low vision and blindness in children caused by premature birth and retinal disease. They offer practical information for parents and physicians about understanding ROP and caring for children who have it. To contact them, e-mail ropard@yahoo.com, call 800.788.2020, or visit their website at www.ropard.org.

Hearing Screening

Centers for Disease Control and Prevention

www.cdc.gov/ncbddd/hearingloss/

Visit the CDC website for contact information for hearing specialists organized by state and territory.

National Institute on Deafness and Other Communication Disorders

www.nidcd.nih.gov/health/hearing/pages/baby_screening.aspx

If your baby's screening reveals a possible hearing problem, visit this website for information about next steps.

Parenting

NICU Journal: A Parent's Journey

A parent-focused diary, from the American Academy of Pediatrics, is available at <http://ebooks.aappublications.org/content/nicu-journal-a-parents-journey>

Bonding with Your Medically Fragile Baby in the Neonatal Intensive Care Unit

<http://handtohold.org/wp-content/uploads/2012/06/Bonding-with-Your-Medically-Fragile-Baby.pdf>
Written by Dawn K. Gibson, LCSW, this printable PDF discusses bonding with your baby during the NICU stay and beyond.

Psychosocial Support

National Perinatal Association. (2015). Interdisciplinary recommendations for the psychosocial support of NICU parents. *Journal of Perinatology*, 35, 59–513.

Immunizations

Centers for Disease Control and Prevention

<https://www.cdc.gov/vaccines/parents/tools/parents-guide/downloads/parents-guide-part3.pdf>

Bronchopulmonary Dysplasia (Electronic) American Lung Association

www.lung.org/lung-disease/bronchopulmonary-dysplasia

National Heart, Lung, and Blood Institute, National Institutes of Health

www.nhlbi.nih.gov/health/health-topics/topics/bpd

Books

Newborn Intensive Care: What Every Parent Needs to Know, 3rd Ed. (2010), by Jeanette Zaichkin. Available from American Academy of Pediatrics Publications. <http://ebooks.aappublications.org/content/newborn-intensive-care-3rd-edition>

Preemies: The essential guide for parents of premature babies, 2nd ed. (2010), by Dana Wechsler Linden, Mia



Wechsler Doron, and Emma Trenti Paroli. Available from Gallery Books, a division of Simon and Schuster, New York.

The Premie Primer: A Complete Guide for Parents of Premature Babies-From Birth Through the Toddler Years and Beyond (2010), by Jennifer Gunter. Available from Da Capo Press, a division of The Perseus Books Group, Jackson, TN.

Breastfeeding

Hand to Hold

Pumping and Breastfeeding

<http://handtohold.org/wp-content/uploads/2018/03/Pumping-and-Breastfeeding-FINAL.pdf>

Early Childhood Intervention

Hand to Hold

Your Guide to Early Intervention

<http://handtohold.org/wp-content/uploads/2018/03/eci.pdf>

General Information

Eli's Hope

www.elishope.org

Graham's Foundation

www.grahamsfoundation.org

Hand to Hold

www.handtohold.org

KidsHealth

www.kidshealth.org

Parent Premie Alliance

www.premieparentalliance.org

Premie World, LLC

www.premieworld.com