



Follow-Up Appointment: Endocrinology

The neonatal intensive care unit (NICU) team celebrates with you as your baby goes home! Because your baby is a NICU graduate, he or she is at higher risk for certain problems after discharge. That's why your baby needs important follow-up appointments to ensure his or her best health.

Why does my baby need this appointment?

- A *pediatric endocrinologist* is a children's doctor who is also an expert in the diagnosis and treatment of problems of the endocrine system.
- The endocrine system is also called the hormone and gland system and affects almost every cell and organ in your baby's body.
- Growth disorders and low thyroid are just a few types of endocrine problems.

Where is the appointment?

Name: _____

Street Address: _____

Phone Number: _____

When is the appointment?

- Date: _____ Time: _____
- You will need to call the pediatric endocrinology office to schedule your baby's appointment.
- The pediatric endocrinology office will call you to schedule your baby's appointment.

Important Things to Remember

- Each follow-up appointment with pediatric endocrinology is important and is in addition to well-child check-ups with your baby's primary care provider.
- If you are unable to keep this important follow-up appointment, please call to reschedule.
- Always take your baby for future endocrinology examinations as directed by the pediatric endocrinologist.
- Bring a list of your baby's current medicines with you to the appointment. Make sure you tell the staff if you need refills.

The above information is provided to help you better understand your baby's care. Always follow the instructions given by your baby's provider and ask questions if you have concerns about your baby.

Online Resources

American Academy of Pediatrics
www.aap.org

Kids Health
www.kidshealth.org