



Follow-Up Appointment: Ophthalmology

The neonatal intensive care unit (NICU) team celebrates with you as your baby goes home! Because your baby is a NICU graduate, he or she is at higher risk for certain problems after discharge. That's why your baby needs important follow-up appointments to ensure his or her best health.

Why does my baby need this appointment?

- A *pediatric ophthalmologist* is a children's doctor who is also an expert in the diagnosis and treatment of eye problems.
- Babies born premature or with certain complications around birth are at higher risk for eye and vision problems.
- If your baby has retinopathy of prematurity, he or she is at even higher risk for vision problems that may lead to severe loss of sight if not treated by a pediatric ophthalmologist.

Where is the appointment?

Name: _____

Street Address: _____

Phone Number: _____

When is the appointment?

Date: _____ Time: _____

You need to call the pediatric ophthalmology office to schedule your baby's appointment.

The pediatric ophthalmology office will call you to schedule your baby's appointment.

Important Things to Remember

- Each follow-up appointment with pediatric ophthalmology is very important and is in addition to well-child check-ups with your baby's primary care provider.
- If you are unable to keep this important follow-up appointment, please call to reschedule.
- Always take your baby for future eye examinations as directed by the pediatric ophthalmologist.
- Bring a list of your baby's current medicines with you to the appointment.

The above information is provided to help you better understand your baby's care. Always follow the instructions given by your baby's provider and ask questions if you have concerns about your baby.

Online Resources

American Academy of Pediatrics
www.aap.org

Kids Health
www.kidshealth.org